

**BELLEGARDE BOATHOUSE
UMASS Lowell WATER ACTIVITY PROGRAM
Swimming Certificate**

Swimmer's Name (print)	Date of Birth

Certification by Lifeguard or Water Safety Instructor

I certify that I personally observed the above named SWIMMER to:

- (1) Tread water or float for a period of ten minutes**, in typical rowing clothing, likewise without aid, support, or use of floatation devices.
- (2) Successfully put on a Lifejacket/PFD while treading water**, model approved by the USCG as a Class I, Class II, or Class III life saving device.
- (3) Swim a distance of one hundred yards**, without the aid of any propulsion device such as fins or other aids and without the use of any floatation device and without resting on the side of the pool or any other support.

Test performed at (Name of beach or pool and City, State)	Date test performed	Test Result: (Passed/Failed)
Lifeguard/WSI Name (print please)	American Red Cross Certification Number	Certifying Lifeguard or WSI Instructor Signature

Note to Lifeguard or Water Safety Instructor

Dear Sir/Madame,

The above named swimmer has requested to participate in on the water rowing program(s) hosted at the Bellegarde Boathouse at Lowell, Massachusetts including programs held on the Merrimack River and other bodies of water.

Please be so kind as to assist the would-be rower/coxswain/boat operator/volunteer/swimmer by observing him/her perform the swim test. If and only if you observe and believe that the test is competently performed and determine that the applicant has successfully completed the test and performed the required activities in a satisfactory manner, please sign the certification and give it to the swimmer to return to his or her program director.

Thank you for your assistance.

Certification by Swimmer

I certify that I personally completed the swim test and all components as listed above and that I did so fairly and as required by the terms of the test. I further certify that I am confident that I am able to swim well enough to safely participate in rowing and water based activities.

Swimmer's Signature	Date